The NO MORE Foundation is dedicated to ending domestic and sexual violence by increasing awareness, inspiring action, and fueling culture change. With more than 1,400 allied organizations and chapters around the world, NO MORE sparks grassroots activism, encouraging everyone—women and men, youth and adults, from all walks of life—to be part of the solution. The Foundation creates and provides public awareness campaigns. educational resources, and community organizing tools free of charge for anyone wanting to stop and prevent violence.

Thank you for your interest in planning a fundraising event for NO MORE. Your donations will allow us to continue our valuable work to help stop domestic and sexual violence.

Use these pages as a guide as you plan your event. We appreciate you championing NO MORE in your community!



Share photos of your event with us on social media @nomoreorg



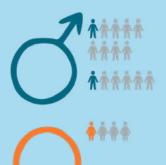




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## Why Host an Event?

At NO MORE, we believe in the power of collectiveness, in spreading awareness, ending the stigma and dismantling the culture that allows violence to persist:



Violence affects all

communities

in 9 men experience domestic violence from a partner in their lifetime

1 in 6 men experience sexual abuse before the age of 18



1 in 3 women has experienced sexual violence in their lifetime

in 5 women is a survivor of rape

Domestic and sexual violence impact people of all races, ages, classes, socio-economic or educational status, sexual orientation, demography, geography, ideology, disability and theology.

You can help! One small action can make a huge difference for NO MORE. Whether large or small - a fundraising event is a great opportunity to raise money for NO MORE and support action to end domestic and sexual violence. By hosting an event, you are helping us to achieve that mission by starting conversations, encouraging action and driving resources to NO MORE.



### Resources

Please use any of the following NO MORE resources to provide your guests with information on domestic and sexual violence:

#### **PSAs and Videos:**

- 'About NO MORE' **Presentation** or Video
- Join The Chorus
- Listen
- **Listening From Home**
- **NO MORE Excuses**

#### **Printables:**

- NO MORE leaflet which explains who we are and what we do
- More official events may want to use one of our banner templates
- Take photos of the event including with your guests holding NO MORE signs
- Our **Conversation Guide** for parents (in English and Spanish) to support healthy relationships
- Domestic Violence and Sexual Assault **Fact Sheet**
- Power and Control Wheels
- Male survivor **infographic**





# NO MORE Fundraising Help Guide - Plan Your Event!

#### Start a Facebook Fundraiser

Invite your friends to donate to your fundraiser, share your fundraiser in your feed, or donate to the fundraiser vourself!

#### Hold a KNOW MORE Event

Gather your friends, family, colleagues, or classmates for an information session to about domestic and sexual violence. Invite a speaker, use NO MORE materials and generate a conversation.

#### Host a Coffee Morning/ **Afternoon Tea**

Host a **coffee** or **tea** event. Charge a small entrance fee or ask for a donation to "eat and drink as much as you like." Use NO MORE videos and materials to get the conversation going.

#### **Put on Your Running Shoes...**

Ask your friends, family and colleagues to sponsor you for how far you can walk, run, skip or jump! Or you could organize a sporting event, like baseball, rounders or a football competition.

### **Hold a Garage Sale**

Clean out your house for a good cause! Let neighbors, friends, and family know that all the profits from your garage sale will benefit NO MORE's efforts to eliminate domestic and sexual violence.

#### Create an Online Book Club

Email out **invitations** to your fellow bookworms. Ask your group to make a donation, or hold a **book guiz** and charge a small fee to take part. If you have a fundraising target, you could print out our fundraising thermometer to use as an update at every meeting.

#### **Host a Movie Marathon**

Set aside time to watch a complete set of films, or an entire series. Ask your friends or family for sponsorship per hour, per film/episode, or for the whole time! You could also provide refreshments (for a small fee!), or hold a film-themed quiz.





Via Facebook **Fundraising** 



Instagram



www.nomore.org

By posting a check to:

NO MORE

Suite 381

Maplewood

**New Jersey** 07040

195 Mapelwood Ave

Any type of event is a great opportunity to raise awareness of NO MORE. Anything can be a reason to raise money. Let us know what you're doing - we'd love to hear from you!

